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Persona dancing all night trophy guide

I'm going to admit things I probably shouldn't. There are a few nights (and last night there was one of them) that I was pulling as I prepare to go on Dancing With The Stars. It's not that I take what I do for granted (never!), but sometimes - whether or not the biggest celebrity on the planet in the west will be - all you want to do is stay home in your PJs and relax. And frankly, there are some events that even when you get home you're like: Yes, I don't know if it was worth it. But I can honestly say Dancing with the Stars has never been one of them. If I'm exhausted, dwts will throw me up. If I had a frustrating day, then DWTS makes me forget about it. And if I feel blah, then DWTS puts a smile on my face. Whether it's publicists, my fellow journalists, about dancers or celebrity contestants, it's a really amazing place to be and I'm not saying that lightly. So let's move on to all the action behind the scenes on Stevie Wonder's night, right?! Ingo Rademacher Bonanza's birthday! All right, a little backstory here. After hearing-- during a live taping, no less--west Ingo was celebrating his 42nd birthday, I ventured to nearby Sprinkles cupcakes in The Grove to pick up his birthday treats. What about this coincidence: Since it was Earth Day, the sprinklers had vanilla cupcakes with surfboard decorations on them. As many of you know, Ingo is an avid surfer in Hawaii. So, bingo! See how cute his face is when he saw his birthday surprise. While it could easily have been because he and partner Kim Johnson got their highest marks of the season as well as last night! I was worried he would tell me: Thank you so much, but I can't have cupcakes right now during all this workout! Luckily it didn't happen and it destroyed them right then and there on the press line! And then, with the help of Karina Smirnoff, it happened: Finally, but not least, I wanted to share a video from the pre-show Dancing with the Stars on abc.com that aired every Monday. Charo was our guest panelist (along with dwts pro dancer Anna Trebunskaya), and let's just say you need to see what went down. What do you think of last night's performances, and who do you think will come home tonight? Photo: Adam Taylor/ABC, Twitter/OfficialDWTS, Jessica Radloff/Video: Jessica Radloff/Go to content Go to the looter A painfully serious, painfully inadequate anti-capitalist film about punishment, it asks us to feel sorry for Stone as a boutique redneck hardcase whose death row time is all used. And we feel sorry for her, but for the wrong reason: after all, Stone gives a rigorous, glamorous and astonishingly low-key performance. There's a tendency to re-interest sex characters when they've worn out makeup in roles like that, as if ugliness somehow has more integrity than beauty - it's not - but Stone's work here is focused and tough, as layered as anything she's done, and all the more striking about the lack of help she gets from the script. Like Stone, Stone, chooses to make Morrow's lawyer a dramatic focal point - and that's his undoing, because the character is never called true. A wealthy child whose brother (Gallagher) gets him to the governor's staff in favor, Morrow is said to appreciate Stone's call for clemency before her politically expedient execution is carried out. For reasons that remain sketchy, he rushes into work and soon sets about reopening the case. This legal beagle stuff is subtle and caringly melodramatic. The film is not a travesty, but it feels uncomfortably close to one. Perfect carnation custard or cream. Gnocchi Gnocchi... Who's there? Your favorite dinner recipes! Push back against your spook fest with these hair raises good plates. Korean food couldn't be easier with Judy Jo Prepare these taste buds for a well-needed chilli kick! Great recipes for treating your Valentine. Keep cool and grab a bargain or six. Don't let the little oven steal your festive mojo. We have your back. If you thought slow cookers we're just for stews and soups, think again. Try one of these warming dinners to beat the bad blues. We found our favorite soups cozy before this winter. 31 Quick and easy Mexican dinner recipes go crazy this summer and start grilling your puddings too! Eating fast, inexpensive meals shouldn't be hard work. Ideal ways to cook with eggs and tasty at any time of the day. Feel all your troubles melt like butter on hot potatoes. Treat yourself and your guests with delicious cocktails. 76 Christmas recipes leftovers For when beans are on toast just won't cut it. Can anything else match the cravings of curry? Take them while they're hot! Part sandwich, part cake, all delicious. A short love letter from me to you. 10 tips for having a stress-free Christmas They'll really fill you in too. Because who doesn't like to dance in the moonlight? From June to September, Chicago Grant Park comes to life with the sounds of music. At Summerdance, a free public event, 43 live bands get stuck during crowd jive to tunes. There are also free lessons to teach beginners like tango, swing and salsa in summer away. From June to September, Chicago Grant Park comes to life with the sounds of music. At Summerdance, a free public event, 43 live bands get stuck during crowd jive to tunes. There are also free lessons to teach beginners like tango, swing and salsa in summer away. Every year Lincoln Center holds two back-to-back festivals in the main square: Midsummer Night Swing (on its 28th turn) and Out of Doors, which has been running for 45 seasons. The first teaches lime hop dancers and swings in live jazz music, and the second is a concert series showcasing all genres from orchestral to old-school rap. Portland may be a master at keeping it weird, but they also know how to shake it off. Head to the Barrel Room for dueling pianos and live bands, as well as impressive which turns into a relaxed dance area. And the party doesn't end there winter is coming, above the yard there is a huge tent, so you can dance before dawn all year round. Philly knows how to go down and Piers Morgan is the place to do it. Its outdoor beer garden on the Delaware River has a massive dance floor where DJs are held during the week, and a yacht rock party of 70s and 80s music on Sundays. Alternatively, there are fun games such as beans bag tosses and chili picnic tables where you can sit and swallow craft beer. Do we need to say more? As part of dance downtown music center offers classes on a fresh pore to those who want to learn a few moves. Next up this summer: Samba night on August 19 and disco dancing on September 2. Every other Friday DJs swirl for those who prefer boogie freestyle. This swan club at the top of the W Miami Skyscraper (formerly Viceroy Miami) South Beach is one of the sexiest places to dance under the stars. Pool parties, celebrity DJs and pineto-wearing PYTs set the stage, but looks steal the show. When you need to give your feet a break, grab a cocktail and look at the coast. Trust us, it's much better than a sweaty, packed bar. If you're at more high-octane clubs, look no further than Riverdek Cavanaugh. Throughout the summer, guest DJs and themed events (including foam parties and mechanical bull rides) are held outdoors. Bonus: You don't even have to break the bank thanks to bargains such as Mug Night (buy a mug and fill it for \$1), Island vibes Caribbean night and Thursday college night (\$10 outdoor bar). Repeat: open bar, people! - Chelsea Bengier More from Jetsetter: This article was originally published by Jetsetter headlined Where to Dance Outside. It is reprinted here with permission. We select everything we recommend and select items through testing and reviews. Some products are shipped to us for free without the incentive to offer a profitable review. We offer our unspringed opinions and do not accept compensation for viewing products. All items are available and prices are accurate at the time of publication. If you buy something through our links, we can earn a commission. Airfare \$Airfare \$Airfare \$MSC Cruises \$109 + Patricia Magaña Hotel & Housing Deals Francesca Miele Hotel & Housing deals \$229+ If you've been swept away with all the dance TV shows lately and tried to re-create the moves you saw on So You Think You Can Dance and Dancing With The Stars, then here are some exercises that might be We Asked Jaan Kunitz and Julia Pavers, both dancers of the Latin World Champion Ballroom, to share their favorite moves with their hit workout DVD , Core Rhythms. Make Paso Doble, a.k.a. dancing squat Goals: hips (quadriceps muscles), buns and scarves Starting position: Start with your feet parallel, fingers pointed forward. Go to the side and perform 3 squats to the left, and then 3 squats to the right. Imagine It's now: As you perform squats, slightly bend forward at the waist and twist your torso as if you are Throwing a large flamenco skirt from side to side, in figure-8 shape. To take it from above, when you twist, quickly cross your wrists over your head. Oh?! Check the move here: Make samba, a.k.a. standing abdominal crunch Goals: front abs Starting position: Stand feet shoulder width apart, fingers pointed forward. Extend your elbows to the sides of your body so they are shoulder height. Bend your hands under and forward so that your palms are drawn away from your body. Start bending both knees to the time of the samba rhythm. Then tuck the butt underneath and let your chest edifice. Do it on every beat of music, in time with bending your knees. Check out the move here: Don! Do the Merengue, a.k.a. shake those hips! Goals: Oblique muscles (side of your body) Starting position: Start in a closed position. Lift your elbows to the sides, hands in front of your chest, palms don't. Start bending your knees to the rhythms of meringue one lap at a time, but keep your heels on the ground. Start swinging your hips as you move on to music. As your hips swing to the right, the ribs extend to the left. As your hips swing to the left, the ribs extend to the right. Continue this step to lose weight the waistline. Find out the move here: have your favorite dance move? Tell us about it in the comments. This content is created and supported by a third party and imported into this page to help users provide their email addresses. You can find more information about this and similar content in piano.io.piano.io